



PARENT & STUDENT INFORMATION Yr. 7 & 8 “Active Program” 2017.

In 2017 **ALL YEARS 7 AND 8 STUDENTS** will participate in our new “active program”. This will take place every Wednesday during period 4. Students will have a choice to participate in Inter-School Sports against other local schools **OR** one of a variety of physical activities on offer at local venues or school grounds.

On Wednesday 25th of January, students will be given a briefing of the sports and activities offered for the summer season (February 15th – May 24th). Students will nominate two preferences from any of the lists below:

Option 1: Inter-School Sports (against other local schools)

(ALL interschool sports with have a compulsory registration fee which will need to be paid prior to the start of the season. Final costs will be confirmed ASAP at the start of the year).*

Summer - Boys	Summer - Girls	Winter - Boys	Winter - Girls
Touch	Soccer	Soccer	Soccer
Basketball	Netball	TRL	TRL
Volleyball	Volleyball	Basketball	Basketball
AFL	AFL	Volleyball	Volleyball

Students will be required to trial before selecting these sports. Those that don't trial or who are unsuccessful from the trials, will be offered Alternate Physical Activities (*see below*).

Option 2: Alternate Physical Activities (at school / local venues)

(* = payment required for venue and equipment hire)

<ol style="list-style-type: none"> 1. * Beach Volleyball (Rebounders – FG Bowls Club) 2. * Lawn Bowls (FG Bowls Club) 3. Circuit training – fitness (FGSHS – Fitness Centre) 	<ol style="list-style-type: none"> 4. Power Walking 5. Hiking / Bush Walking (local) 6. Yoga (school) 7. Table Tennis (school) 8. Multi Sports – Ferny Falcons (eg. Ultimate disc, Capture the flag, T-Ball, etc)
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Permission notes for all sports will be sent home after trials are completed in Term 1.

Regards,

Rachel Price & Josh Duffy
Sports Co-Ordinators

Warren Janetzki
Head of Departm